

2023 Upper Highlands Swim Club Rules

Upper Highlands has a rich history of safety. As you spend time at our facility, you'll hear whistles reminding our kids to slow down. You'll see lifeguards reminding kids on the diving board to wait patiently while the previous individual exits the pool safely. All of this is for one reason, safety. We take it seriously and as a result, you have permission to relax while our facility.

- All attendees must abide by the Club Manager, Staff, and Rules. Failure to do so may result in your expulsion from the pool grounds for a time determined by the clubs Board of Directors.
- Upper Highlands Swim Club is managed and run exclusively by club members and volunteers. Please do your share to keep the costs down and the club clean. Respect all the rules and property of the club.
- ENTRY/BABYSITTERS: Children under the age of 12 must be accompanied by a responsible party listed on the membership application at all times.
- FOOD/DRINK: Coolers and food may be brought onto the pool grounds. (No Glass Allowed)
- CLEAN UP: All members are required to report spills and to clean up all trash they create, and to leave areas they use clean. The manager may ask you to return and clean your area.
- RUNNING: There is no running in or around the pool area at any time.
- DIVING BOARD: Divers must use the diving board alone. No one may be accompanied going up or off the diving boards. No one may “catch” any other person off the diving board.
- BREAKS: 10 minutes till the top of each hour, it is adult swim only while lifeguard(s) are on break
- SAND: When exiting the sand, you MUST shower off before entering either pool.
- BABY POOL: No children over age 6 are to be in the baby pool. This includes during adult swim. No adults with chairs are to be in the baby pool water.
- BABY SPECIALTY DIAPERS: Children needing diapers must wear approved “swimming” specialty diapers. State and county law require the pool to SHUT DOWN to cycle water (takes several hours) for infant accidents.
- NO SMOKING: Smoking of any kind is prohibited outside of the provided smoking area. The smoking area will be the area close to the charcoal grills located along the brick walls near Parkdale Ave.
- BEHAVIOR: Anyone acting obnoxious, under the influence, or disturbing to other members in any fashion may be warned or asked to leave the club premises immediately.
- GRILLS: Grills are provided for our guests to use, but please leave them clean after each use.
- No pets, bicycles, skateboards, roller skates, scooters, etc. are allowed inside the pool gates.
- BUILDINGS: Only Club personnel are allowed in pool buildings.
- GUESTS: All guests must pay a \$7 guest fee on the day of arrival unless guest passes were purchased in advance through the member management system. A guests may attend a maximum of 10 times per season, regardless of which member they attend with. All guests must be accompanied with a member at all times.
- POOL PARTIES/POOL RENTAL: Pool parties must be scheduled through a pool manager on duty or by contacting the Board of Directors at SwimUpperHighlands@gmail.com. Cost depends on availability, size, and event.
- These rules maybe revised or adjusted at any time as determined by the Board of Directors